




# EURAXESS Newsletter #1


## Welcome to our first Euraxess Newsletter!

**EURAXESS** is a professional Network between universities supporting foreign researchers and their families in preparing their stay in France. This European and national organisation supports research mobility and provides useful information and resources for international researchers who are entering the country.



Discover the video of the EURAXESS network


 Leaflet researchers

 Leaflet Employers

The **EURAXESS Team** of the University of Strasbourg belongs to the Research Department and is located in the International University House. It developed a strong expertise and experience which aims to support the setting of these researchers in their new environment, regarding scientific immigration, human resources, social security, schools, etc..

The information we provide is based on reliable sources and we are able to give personalised tips.

The goal of this first Newsletter is to keep up-to-date on news and provide relevant information regarding the legal frame about International researchers.

 Leaflet Euraxess Strasbourg

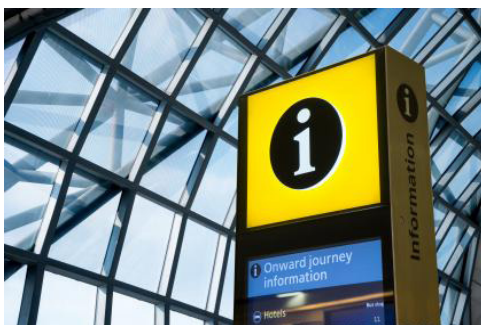
### In our scope this month :

- ♦ What's up in Euraxess?
- ♦ Everyday life practical information
- ♦ Don't miss it ! your cultural agenda
- ♦ Researcher in the spotlight
- ♦ The Euraxess' tip

**Enjoy reading and take care !**

## What's up in Euraxess?

### COVID 19 and lockdown, could we travel for Christmas holidays?



On Thursday 10th of December, The Prime Minister of the French Republic, Jean Castex announced **the end of the lockdown** on **Tuesday 15th of December**, which will be replaced by a **curfew** from 8 p.m. to 6 a.m. New attestations will be available on the government's website and on the app "StopCovid" if you have to go out during the night imperious reason. The curfew won't come into effect the 24th of December only.

However, cultural places such as movie theatre, museums and concert hall will remain closed.

Intern borders of the European Union stay open and external borders of Europe remain closed. However, France decided to leave its borders open for international researchers and students.

Beyond the restriction applied in your home country, for your arrival in France, you need to fill in and carry two documents in addition to required travel documents:

- ♦ **An exempted international movement certificate** for travel to metropolitan France. You must present this certificate to travel companies before using your travel ticket, as well as to border control authorities (for travel by air, sea and land, including by rail);
- ♦ **A sworn declaration** that you do not have COVID-19 symptoms.

These documents can be downloaded in French and English from the Ministry of the Interior's website.

- ♦ **A negative test result** carried out less than 72 hours before boarding for travellers over 11 years of age. You will not be allowed to board without this document.

## Brexit information

British nationals and their family members, of British nationality or third-country nationals residing in France or coming to settle there before 31 December 2020 must apply for a residence permit «UK withdrawal agreement from the EU» online on this site before 1 July 2021.

**Euraxess' tip:** *In order to maintain your rights in France (in terms of social security, circulation in the Schengen area for example) we advise you to apply for your residence permit before the 31 December 2020.*



Possession of a residence permit will be compulsory from 1 October 2021 for anyone over the age of 18 (Minors (under 18) are exempt from the obligation to hold a residence permit). Until that date, your rights in terms of residence, professional activity and all your social rights will be maintained. EU residence permits issued to UK nationals and their family members will no longer be valid from 1 October 2021.

Other British nationals, who will arrive in France as of 1 January 2021, will have to apply for a visa at the French consulate to enter the French territory.

French and British governments are still working on an agreement, which could determine a specific right of residence for researchers. Before the signature of an agreement, this information could change again.

## Next Call of The National Program PAUSE for Scientists in exile



This Program is aimed for victims of war or persecutions because of their ethnic, religious or politic minority status, or because of the free expression of their opinions.

Support from the Pause program takes the form of a co-funding to host a scientist in exile within a higher education and research institution in France.

The eligibility is based on the following criteria:

- Evidence of Lecturer or Researcher's status;
- The scientist is currently in danger;
- The Scientist is forced into Exile from his/her country or has been leaving In France less than 3 years.
- The Scientist already has a link to the University of Strasbourg (PhD...).

Next Call for proposals at the University of Strasbourg, deadline to fill the file : **15th of January 2021.**

## Everyday life practical information

### French course for foreign Researchers and their spouses

The International University House proposes French Courses from A1 till C1 for Students and Researchers (and Researcher's Spouses) from January until May twice a week (2 x 2 hours a week) between 6 and 8 pm at the Building Le Pangloss on the main Campus in cooperation with the Institut international d'Etudes Françaises.

Pre-registration is mandatory. After a first test to estimate your Level, your registration, your Group and the Schedules will be confirmed.

Price for the semester: 50 € (Link for the payment will be sent in a second step).



Registration here: <https://mui-inscriptions.u-strasbg.fr>

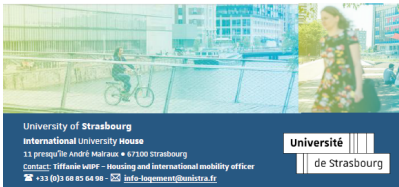
## HOUSING



### Housing guide

International students and researchers

2020-2021



**You are looking for an accommodation in Strasbourg** but you have no idea how to proceed ? You will find all the information you need in the Housing Guide for international students and researchers provided by the International University House.

Among university residences, private residences, sharing or individual accommodation, find a place to stay according to your budget and your needs.

With this guide, you will know more about administrative procedures as application, contract lease, deposit, guarantee or financial aids.

To get the complete version of the housing guide, please contact: [info-logement@unistra.fr](mailto:info-logement@unistra.fr)

## Rental offers of the moment :

The Maison Universitaire Internationale has listed several rental offers available now. If you are looking for an accommodation, you can contact [info-logement@unistra.fr](mailto:info-logement@unistra.fr) for further information and availabilities.

Since 28 November, visit of real estate property to rent or buy are possible again. A strict protocol has been set. Over-65s and women at the end of pregnancy are excluded. Virtual visits can be organized on demand.



## Be careful of fake ads!



You need to check the seriousness of each rental ads before to commit. Do not pay any sum of money until you have visited the accommodation or signed a rental lease. We highly recommend you to start your search for housing before your arrival in Strasbourg.

If you need any assistance or free legal consultation about housing, contact the ADIL (Departmental Agency for Housing Information) : <https://www.adil67.org/>

## VISALE free security deposit

You are seeking to rent an accommodation, furnished or unfurnished, from a private or public property owner, but you must have a guarantor and have no one to turn to ? The VISALE security deposit is the solution!

Provided by Action Logement, VISALE is a free of charge guarantee, which can be used by international students and researchers. To apply, you must be between 18 and 30 years of age and comply with the eligibility criteria.

If you are coming from an outside Europe country, you will require a student or scientific long stay visa To log on, please visit: [www.visale.fr](http://www.visale.fr) or watch this video tutorial to find out how to sign up for VISALE.





### Online Welcome Event



For the first time the **Welcome Event of Euraxess** took place online on Thursday, December 10. After a short presentation of the Euraxess Service Centre and a Discovery Quiz, Mrs Shawn Simpson was our Guest and held a workshop about **Intercultural Dimensions of International Research Teams**.

Mrs Simpson was European expert from 2006 to 2019 in Mobility, transnational Partnerships and Transfer of Innovation with a focus on intercultural issues. Professor of Intercultural management, Business Ethics for American university of The Mediterranean, Aix en Provence since 2016, she has been working as International Relations Advisor in The graduate School of Management in Aix-Marseille University.

Shawn Simpson explained, with concrete cases, the differences between integration and inclusion and demonstrated how cultures can influence the behaviour.

### Coming soon:

Discovery sessions about entrepreneurship (by EU project Knowledge and Technology Transfer Upper Rhine (KTUR) from February 2021 :

- Why being a founder?
- Do I have the Skills to become entrepreneur?
- Deep dive into fundraising.
- How to build a solid team in a start-up?

## Researcher in the spotlight

### Hussain El Saghire, Institute of Viral and Liver Disease (U 1110) from Lebanon,

«My name is Houssein El Saghire. Following the completion of my PhD at Ghent, Belgium, I joined the Institute of Viral and Liver Disease of the University of Strasbourg as a postdoctoral researcher. I was involved in a research program for the development of a patented monoclonal antibody for the prevention and treatment of hepatocellular carcinoma, currently in preclinical development. In parallel, I applied high-throughput analyses to uncover target pathways and novel biomarkers and targets of therapeutic interest. Recently, I moved into the pharmaceutical field with collaboration with the University of Strasbourg.

Working at the University of Strasbourg gave me the chance to be embedded in a high quality research programs that permitted collaborations with international leading groups in liver diseases. These collaborations enhanced my networking in the scientific community. Furthermore, I touched by experiences how France offers academic and industrial scientific institutes opportunities for research and development on a large scale,

which is a privilege not accessed in other countries.

In addition to the research and science, living in France offers an important chance to be exposed to significant cultural venue: incredible natural and historical places to discover, rich gastronomy , balanced work-life, wide range of events to participate, strong cultural exchange with rest of Europe and the world. Living in France enriches person's cultural experience and endorses self-development. Finally, I would like to thank warmly the Office of Foreign Researchers at the University of Strasbourg that supports and guides researchers from all over the world making their stay in France and Strasbourg fruitful and successful. They play an essential role to embed researches from all over the world in the academic matrix, thus enriching their adaptation and progression.»



*You want to share your experience with the international researchers' community and be the next Researcher in the spotlight ? Contact us at [euraxess@unistra.fr](mailto:euraxess@unistra.fr)*

## The Euraxess' tip : Christmas season is coming!

The winter season in Strasbourg has a very special perfume with its Christmas markets, its wonderful illuminations and the sweet smells of warm wine and gingerbread everywhere in town. The first Christkindelmärik in Strasbourg was held in 1570 and is the oldest in Europe! It always brings a special unique fairy atmosphere from the End of November until December 31th.

In the special context of the year everywhere in the world, we enjoy this season on another way maybe with another sens of solidarity and awareness.

Discover the illuminations :

<https://noel.strasbourg.eu/en/en-direct-du-sapin>

This season is also a great occasion to eat typical food from the Alsace region. **Männele** and **Bredele** are typical sweets highly appreciate during the Christmas season.

Männele are brioche shaped as made by Alsatian bakers for Saint Nicolas (December 6th). Sometimes they have two raisins or chocolate pieces for eyes.

The Bredele are prepared during the Advent season in Alsace with friends or family. Anyone who wants to respect tradition makes different varieties and keeps them in an old biscuit tin.

Cinnamon stars are one of the many varieties of bredele. Here is a recipe for you!



### Cinnamon stars



#### Ingredients:

For the dough

- 250g ground almonds
- 250g icing sugar
- 2 tsp ground cinnamon
- 2 egg whites

#### For the icing

- 1 egg white
- 160g icing sugar

#### Instructions:

Place all the ingredients for the dough in a large mixing bowl. It is best to start with the dry ingredients and add the egg whites last.

Put one night in a cool place.

Roll out the dough to a thickness of approx. 1 cm.

For the icing, beat the egg whites until stiff, then add the icing sugar.

Cut out small stars from the dough and coat with a fine layer of icing sugar. Let the icing dry a little.

Bake in a preheated oven at 170°C (convection oven) for approx. 10 minutes.

**Enjoy!**

The Euraxess Team wishes you and your family a healthy and happy winter season in Strasbourg !

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